

# PRESS HITS



**1. CNN Underscored: [The Centr Runr-S treadmill is perfect for small budgets and tight spaces \(34.6M UVM\)](#)**

"There are plenty of at-home treadmills to choose from, but I think Centr's new [Runr-S Treadmill](#) provides a great way to set a personal record in the comfort of your living room."

**2. Men's Health: [The 2025 Men's Health Fitness Awards \(13.2M UVM\)](#)  
The Centr x Hyrox Power Competition Sled is featured in the 2025 Men's Health Fitness Awards!**

"Strong, versatile, and dead simple to use, this collab-created power sled is our fave for 2024. The four prongs set you up to push and pull with ease, and you can stack up to 330 pounds on the center pole. The Centr sled slides easily on turf and feels ultra-sturdy."

**3. Tom's Guide: [Build muscle all over and a stronger core with just 2 dumbbells and this 20-minute workout \(27.3M UVM\)](#)**

The Centr app and Hybrid Strong are featured in this Tom's Guide article sharing workout tips for the busy holiday season.

**Feel free to share and repurpose these articles across your channels as you see fit.**

## SEO Strategy by CENTR

### Maximize Your SEO Strategy with Effective Article Links

Free CENTR SEO articles included below



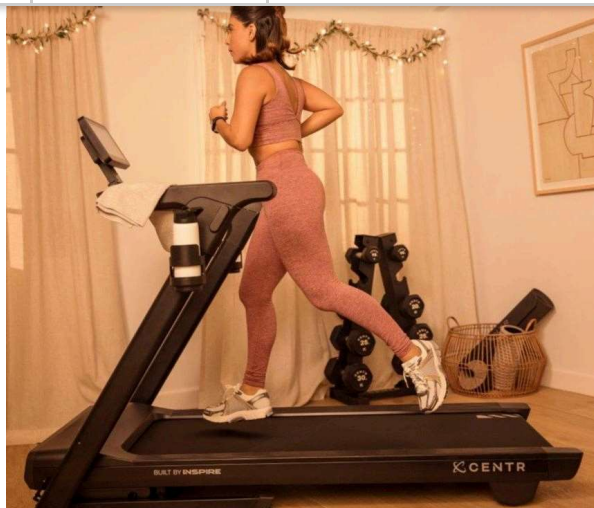
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The team has been developing an SEO article batch for you to utilize.

Important note: please always add the "This article was originally published on Centr.com" <with that link being to the original article> - this is part of the body text and cannot be removed.

- [20 reasons to start treadmill running](#)
- [Treadmill vs Outside: how should you run?](#)
- [8 myths about running, you should definitely ignore](#)
- [Love running? Then you need strength training](#)
- [The ultimate nutrition guide for runners](#)

Feel free to translate and/or share these on your own websites.



**20 reasons to start treadmill running**

SEO Article Link



**Treadmill vs. Outside: how should you run?**

SEO Article Link

**Love running? Then you need strength training**

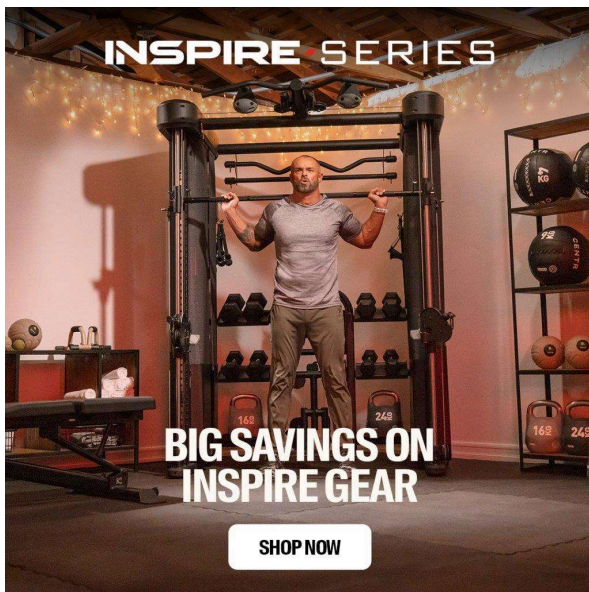
SEO Article Link

**8 myths about running you should definitely ignore**

SEO Article Link



**The ultimate nutrition guide for runners**



**All Images and Marketing Assets Available**

**How to Use SEO Article Links:**

- Link to relevant articles within your content naturally.
- Use these descriptive articles on your own websites- via blog, newsletter, articles.
- Avoid overloading the page with too many links – focus on quality and relevance.

By strategically using internal links, you improve your site's SEO performance while offering a better experience for your visitors.

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# INSPIRE \* SERIES

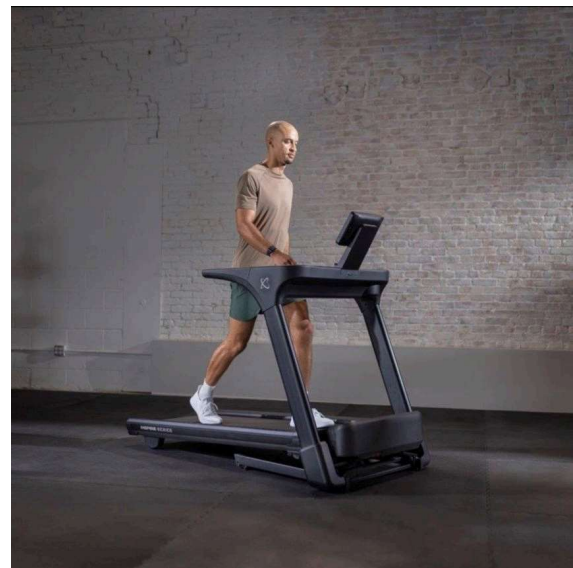
## TREADMILL

Click on the images to learn more about each treadmill.

[Inspire Series T4 Folding Treadmill](#)



[Inspire Series T4s Folding Treadmill](#)



[Inspire Series T5 Treadmill](#)

[Inspire Series T5s Treadmill](#)



[Inspire Series T7 Treadmill](#)



[Inspire Series T7s Treadmill](#)



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# Will you be at these tradeshows?

Email Dan or Michael to set up an appointment



HFA 2025

MARCH 12-14, 2025

LAS VEGAS, NEVADA

CENTR | INSPIRE Booth # 2659

[Learn more](#)



FIBO 2025

10 – 13 April 2025

Exhibition Centre Cologne

CENTR | INSPIRE Booth # 6A83

[Learn more](#)

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### [Centr Consolidation Fee Memo](#)

Linked below is a letter for our partners involved in the Direct Import program. The letter outlines important details regarding the new consolidation fee, which applies when mixing products from different factories in a single shipment. Please open the PFD letter to get all the information you need.

[Consolidation Fee Memo](#)

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# The party isn't over yet, head to our online catalog.



[CENTR & INSPIRE Product Catalog](#)

# INSPIRE



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